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Tony Kershaw

Director of Law and Assurance

If calling please ask for:

Clare Jones on 033 022 22526 Email: clare.jones@westsussex.gov.uk

www.westsussex.gov.uk

County Hall Chichester West Sussex PO19 1RQ Switchboard Tel no (01243) 777100



12 July 2021

Dear Member,

County Council - Friday, 16 July 2021

Please find enclosed the briefing notes for the motions to be debated at the meeting of the County Council to be held on Friday, 16 July 2021.

Agenda No Item

11(a) Motion on Mental Health (Pages 3 - 6)

Briefing note on factual background information attached.

11(b) Motion on Emergency Services (Pages 7 - 8)

Briefing note on factual background information attached.

Yours sincerely

Tony Kershaw
Director of Law and Assurance

To all members of the County Council



County Council – 16 July 2021

Item 11(a) - Notice of Motion by Cllr Oxlade

Mental Health - Briefing Note

Access to mental health services to support communities across West Sussex

West Sussex County Council is committed to working in partnership with organisations across the health and social care system in West Sussex, to ensure that anyone living and working in West Sussex can access help and support to maintain good emotional and mental wellbeing. This includes district and borough councils, the NHS, acute, community and mental health trusts, and the voluntary and community sector.

Specific developments include:

- Delivery of the new mental health social work team within the County Council, spanning both working age and mental health provision
- Refreshed model for Mental Health Act assessments via the Approved Mental Health Practitioner Hub
- Access to a Sussex mental health helpline
- Use of innovative digital technologies including virtual appointments across a range of service areas
- Launch of <u>e-wellbeing website</u>
- Implementation of <u>Foundations for our Future</u> responding to the independent review of provision across Sussex
- Refreshing the West Sussex Suicide Prevention Strategy 2017-20; a specific priority for action includes preventing suicide in people with mental ill health and for those who have co-occurring mental ill health and alcohol/substance misuse
- Further initiatives focus on suicide prevention awareness in the workforce, debt crisis service in Crawley, with a specific focus on supporting people in debt who have a mental health challenge, a pan-Sussex real time surveillance system to enable the Council to identify in real time all suspected suicides in West Sussex to provide prompt support to families and communities.

West Sussex Wellbeing

- West Sussex Wellbeing supports adults holistically in the context of their life circumstances.
- Although the majority of people work with the programme to set and achieve personal goals around lifestyle, we should recognise that in doing so this supports their emotional wellbeing as well as their physical health.
- The programme more recently introduced alcohol advisors as part of each team who can offer not just brief advice regarding alcohol (an established part of its offer) but also extended brief advice.
- During lockdown case studies from Wellbeing have shown both the value of the programme in this regard as well as the challenges people are faced with regarding their drinking during this difficult time.
- Additionally, a link to the suicide prevention campaign 'Warning Signs' (aimed at middle aged men and those who care for them) has been included on the <u>West Sussex Wellbeing website</u> was well as advertising the new Sussex

Bereaved through Suicide service, which is a bereavement support offer for those affected by a suicide, whether recently or historically.

Children and Young People

Overview

- Nationally, Public Health England continue to prioritise mental health and wellbeing, and West Sussex Public Health will continue to respond to and implement national guidance.
- The West Sussex Joint Health and Wellbeing Strategy 2019-24 Starting Well goals are:
 - 1. Good mental health for all children
 - 2. Children growing in a safe and healthy home environment with supporting and nurturing parents and carers
 - 3. Children and young people leaving care are healthy and independent
 - 4. Improved mother and baby health and wellbeing, especially for those in most need

Support Services

- Increased support for children and young people in crisis, including greater access to intensive home treatment.
- Improving transitions into mental health and emotional health and wellbeing services between 16 and 25 years
- Rapid response to serious incidents ensuring a multi-agency approach and providing additional services where needed.
- Enhanced Tier 2 services delivered through the Council Youth Emotional Support (YES) service or other initiatives.
- Enhanced access to specialist Child and Adolescent Mental Health Services (CAMHS) including autism assessments for children.
- West Sussex Family Assist digital platform providing information for parents and carers, including dads and partners, on looking after mental health and wellbeing during pregnancy and beyond, and during the pandemic.

Healthy Child Programme (HCP)

- Health visitors and the Family Nurse Partnership assess mental health and the health and wellbeing of the families they work with.
- Health and wellbeing, and mental health resources to schools, including school nursing support.
- The HCP works closely with maternity services to ensure women identified prebirth with mental health or emotional health and wellbeing concerns, continue to be supported postnatally.

Support to Schools

- Delivery of whole school approaches to mental health/emotional wellbeing (incorporating physical wellbeing), including the Mental Health in Schools Programme and plans to increase access following award of national funding.
- Schools and HCP referrals to the Mental Health Support Teams or specialist NHS services.

- From September 2021, schools may be able to access a grant from the Department for Education to train senior Mental Health Leads to support the development of the whole school approach to wellbeing.
- Schools can continue to access a range of webinar-based training created as part of the Wellbeing Education Return.
- Self-harm prevention resources and training across schools and colleges.

Keith Hinkley

Executive Director Adults Services



County Council – 16 July 2021

Item 11(b) - Notice of Motion by Cllr Boram

Emergency Services - Briefing Note

The County Council is the West Sussex Fire and Rescue Authority. It works closely with the other emergency services in West Sussex, including Sussex Police and the South East Coast Ambulance Service.

Emergency Services Day (also known as 999 Day) is a day marked nationally across the UK. It is supported by HM The Queen, the Prime Minister and the First Ministers of Northern Ireland, Scotland and Wales. It is promoted as a chance to recognise the vital work of men and women of the Fire and Rescue Service, NHS and other emergency services.

Volunteers are an essential part of the emergency services family and they play a core part in keeping Britain safe. 999 volunteer roles include; retained firefighters, special constables, NHS community responders, St John Ambulance, RNLI, Search and Rescue and coastguard volunteers. They are all included in activities marking Emergency Services Day. A flag is used to promote the day.

The Emergency Services Day is promoted as a national campaign to undertake the following actions:

- Promotes 999 workers who serve/have served
- Promotes career and volunteer opportunities across the emergency services
- Promotes using the emergency services responsibly
- Educates the public on essential life-saving skills
- Promotes emergency services charities and the work they do
- Promotes campaigns being run by frontline emergency services.

National fundraising is underway to build an Emergency Services Cenotaph, to be based in London. The proposed design includes six figures stood back-to-back wearing the uniform they would wear when responding to a 999 call. They are a police officer, firefighter, paramedic, a maritime officer, a search and rescue worker, a dog to represent service animals and a recent addition of an NHS nurse in scrubs which was added to the design at the start of the COVID-19 pandemic. The sculptor Philip Jackson CVO, a Deputy Lieutenant of West Sussex, has been commissioned to design and create the monument.

The charity campaigning to raise funds for the cenotaph aims for it to be a single national cenotaph to act as the national symbol of remembrance, sacrifice and gratitude to all emergency services. Just as the cenotaph on Whitehall is the one national monument to the military, it is the charity's ambition to create the first national cenotaph dedicated to all emergency services and NHS personnel.

Tony Kershaw

Director of Law and Assurance

